



Shar's Spa

174 SANDWICH STREET, SOUTH
AMHERSTBURG, ON

519.736.3859

WWW.SHARSPA.COM

TAKING CARE OF YOUR SKIN

'Nature provides an abundance of solutions for our everyday needs'. That philosophy is what Shar's Spa provides through organic skin care. With over fifteen years experience in the field of esthetics and nutrition, Shar's philosophy is to treat the whole person.

We invite you to experience the many treatments provided by our experienced staff. Whether you are looking for a solution to a particular need or just an organic beautifying experience, Shar's estheticians can help you select the treatment and products ideally suited for you. Both Canadian and old world remedies in skin care await you. Experience something new by experiencing something ages old -natural, organic skin care solution.

Please note: Children must not be left unattended under the age of 16.

~SEA~

SEAFLORA WILD
ORGANIC SEAWEED SKIN CARE

Skincare from Seaflora Wild Organic Seaweed, uses hand-harvested Canadian Pacific seaweeds from wild growth; giving you the highest possible quality, offering vitamins & minerals laden skin care products, where fresh, wild seaweeds are the principal ingredient.

We work with the whole seaweed and gently process it to retain all the exceptional elements contained deep within the plant, making it the richest seaweed skincare in the world. Cold-pressed seaweeds are rich in A, B1, B2, B6, C, folic acid, Alginate, poly saccharides and niacin and an important supply of 60 trace elements, a primary source of B12 with significant amounts of vitamin E and K, and excellent source of over 12 minerals, especially potassium, calcium, magnesium, phosphorus, iron, zinc and manganese.

All products are hypoallergenic, free of perfumes and colours. Safe to use on all sensitive skin types

~LAND & SEA FACIALS~

HEALTHY, NOURISHED SKIN BEGINS HERE

All our facials are therapeutic, designed to help every skin type and condition. Our certified highly educated staff will be sure to analyze your skin, recommend the appropriate facial and help you with a home care regime with the proper product for your skin.

Deep Cleansing Facial58

All skin types

Balancing Facial68

Combination / ACNEIC / menopausal - Layers of pure seaweed, combined with BC glacial clay, added antioxidants and pure essential oils to soothe, heal and rejuvenate the most sensitive skin types.

Men's Purifying Facial60

Customized to the specific needs of man's skin

Rosacea Facial68

Irritated, reactive, eczema reducing redness - Hand-harvested seaweeds are layered over your face, significantly reducing redness and leaves face feeling hydrated, less reactive and cleared.

~LAND & SEA FACIALS~

HEALTHY, NOURISHED
SKIN BEGINS HERE

Organic Thalassotherapy Facial Treatment65

This oxygenating and nourishing facial uses seaweeds that are high in beta - carotene and essential fatty acids to increase fluidity of cellular membranes and slows skin aging. Skin is nourished and glowing.

A.H.A. Treatment65

Derived from berries, citrus fruits and sugar cane products. Recommended for aging skin, dehydrated or oily skin. Excellent for dull and blotchy complexions.

Collagen Facials68

Aids in replacement of collagen lost. It help tighten your pores and delays formation or wrinkles. It also smoothes fine lines and wrinkles, improves and accelerates the healing of scars and burns.

~ SPECIALTY FACIAL ~

Erase the Past85

This spa treatment revives and invigorates your skin, smoothes lines and wrinkles, and lifts and firms the look of your skin.

AgeLoc Spa Treatment35

This targets the sources and signs of aging. Immediate results, smoothes wrinkles, lifts and firms. Brightens complexion

~ THE EYE-SEA RELIEF ~

Eye treatment for the relief of fine lines and dark circles under the eyes.

Add on to the facial15

Stand alone treatment25

~ MAKEUP ~

Makeup35

Makeup application includes cleansing of the face and hydrating the skin to give an even glow.

Custom Blended Makeup

We can match any skin tone. Ask us about getting your own personalized make up done.

Eyelash tinting14

Eyebrow tinting14

Ear Candling28

Helps with removal of earwax, sinus problems, sore throat, earache, swimmer's ear and chronic headaches

Organic Spray Tan

Get a sun kissed glowing tan without dehydrating your skin with harmful UV rays.

Full Body 38 +

Face 15

Prolong the life of your tan with a home maintenance package.

~ LAND AND SEA ~ BODY TREATMENTS

These treatments are based on organically grown and handpicked herbs, fruits and vegetables. Wild organic seaweed, rich in vitamins, with 60 trace minerals and primary source of B12 are incorporated into the body care.

All our body wraps assist in boosting hydration, improving skin tone, reduce the look of cellulite and detoxifying and purifying the skin. These treatments leave the skin smooth and nourished. They are very effective in treating muscular aches and pains and ideal for skin disorders.

Indulge your senses and de-stress, as your body is wrapped and nurtured in organic wild seaweed.

Organic Seaweed Back Scrub 30 min - 45

Seaflora Cellulite Bodywrap 60 min - 65

**Therapeutic Seaweed Back
Treatment & Massage 60 min - 65**

**Anti-Stress Aromatherapy
Bodywrap 90 min - 80**

**Pacific Northwest Seaweed
Wrap & Massage 90 min - 90**

Adipoderm Body Wrap Treatment 78

This treatment is an exceptional detoxifying and cleansing treatment that reduces cellulite, edema, and heavy leg syndrome. It improves blood circulation and reduces muscle stiffness. It also reduces soreness from overuse.

~ MASSAGE ~

Body massage is an excellent way to relax and de-stress. Massage helps to release tension of sore, achy muscles. It also helps to promote the immune system and blood circulation

1/2 hour	35
45 min	50
1 hour	60
1 1/2 hour	85

The added touch of aromatherapy essential oils is tailored to each individuals needs at no extra cost.

Hot Rock Massage

An excellent choice for heat lovers.A relaxing massage combined with warm rocks and essential oils.

1 hour	70
1 1/2 hour	95

Indian Head Massage

Head massage is one of the best methods to relax and reduce stress.This treatment includes massage of upper back, shoulders, neck, upper arms, face, head and scalp.

45 min	45
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Benefits:

- Helps with headaches (migraines)
- Clears sinuses
- Helps with disturbed sleep
- Improves concentration
- Relieves mental & emotional stress
- Relieves depression & Anxiety
- Relieves neck & shoulder tension

~ BODY SUGARING ~

“NATURAL METHOD OF HAIR REMOVAL”

Body Sugaring is a gentle, modern version of hair removal. An all natural product made with sugar, lemon and herbal extracts. “No side effects from products.”

Leaves skin soft, silky and healthy. There is no danger of burning the client as can happen with waxing.

The skin is not traumatized by the application of a hot substance. Sugar is pliable results are less hair breakage than waxing. Sugar is water soluble. “You’re not left sticky”.

Eyebrows (Includes shaping)	10
Upper Lip	8
Sideburns	12
Chin	8
Neck	8
Full Face	28
with Brows	33
Underarms	17
Arms	25
Abdomen	10
Lower Back	20
Upper Thigh	30
Half Leg (toes to above the knees)	30
Full Leg	55
with Bikini Line	67
with Thong Bikini	72
with Full ‘Brazilian’ Bikini	80
Bikini Line	19
Thong Bikini	24
Full ‘Brazilian’ Bikini	33

“For Men” ~ Please inquire about prices.

~ NATURAL NAIL CARE ~

Paraffin Treatment14

This skin hydrating treatment also helps therapeutically in relieving muscle pain on hands and feet.

Relaxing Manicure24

Nails are shaped, cuticles are treated and nourished, tension relieved in hands and arms with a relaxing and hydrating massage.

Your choice of polish is your finishing touch.

French Manicure27

Same treatment as relaxing manicure with the added touch of a French design to finish.

Spa Manicure35

Same treatment as a relaxing manicure with the added touch of your choice of a super hydrating mask or a skin hydrating Paraffin treatment.

Polish Change12

Axxium Gel Overlay35

A coloured gel, polished over natural nails. This helps to strengthen the nail and the colour lasts longer. UV light sealed

~ FOOT CARE ~

Relaxing Pedicure33

Soak in our mild cleansing, antifungal, stainless steel foot bath (Stainless steel cannot hold bacteria). Enjoy your nails being filed with our disposable, nail files, callous trimming, foot filing, exfoliating of dead skin cells, and nourishing cuticle care. Relax while getting your feet and legs massaged with hydrating foot lotion. Your choice of polish is your finishing touch.

French Pedicure37

Same treatment as the relaxing pedicure with the added touch of a French design to finish

Spa Pedicure41

Same treatment as the relaxing pedicure with the added touch of a of your choice of a super hydrating mask or a skin hydrating Paraffin treatment.

Express Pedicure.20

Nails filed, clean cuticle and polish.

Hot Rock Pedicure45

Same treatment as a relaxing pedicure. The added touch of warm rocks enhances the massage to the next level. An excellent choice for heat lovers.

~ SPA PACKAGES ~

The Duet52

Relaxing Manicure

Relaxing Pedicure

Treatment Time: 2 hrs.

Serenity115

Deep Cleansing Facial

1 hour Massage

Treatment Time: 2 hrs.

Pamper Yourself142

Indian Head Massage

Wild Organic Seaweed Facial

Relaxing Pedicure

Treatment Time: 3 hrs.

Shar's Retreat134

Anti-Stress Aromatherapy body wrap

Sea-Relief eye treatment

Relaxing Pedicure

Treatment Time: 3hrs.

NOTE: *All times are approximate.*

OPEN TUESDAY TO SATURDAY
EVENING APPOINTMENTS AVAILABLE



ACCEPTED

PRICES SUBJECT TO CHANGE.
TAXES & GRATUITIES NOT INCLUDED